

## BRCA WHAT? Are you at risk for breast or ovarian cancer?

Women with a high risk of getting cancer of the breast or ovaries usually have a close relative with one or both of these cancers. If you are one of these women, you may have Hereditary Breast and Ovarian Cancer (HBOC) syndrome, which can be caused by mutations in the *BRCA1* and *BRCA2* genes.

### BRCA Risk Factor Questionnaire

(adapted from the Breast Cancer Genetics Referral Screening Tool (B-RST)<sup>1</sup>)

Please indicate which risk factors apply to you:

- |                                    |                       |
|------------------------------------|-----------------------|
| Jewish ancestry                    | <input type="radio"/> |
| Breast cancer at age 50 or younger | <input type="radio"/> |
| Ovarian cancer at any age          | <input type="radio"/> |

Please indicate which risk factors apply to a family member:

- |  |                       |
|--|-----------------------|
| Male breast cancer at any age in any relative                                | <input type="radio"/> |
| 2 or more cases of breast cancer after age 50 on the same side of the family | <input type="radio"/> |
| <b>Breast Cancer at age 50 or younger in your:</b>                           |                       |
| Mother   | <input type="radio"/> |
| Sister   | <input type="radio"/> |
| Daughter   | <input type="radio"/> |
| Maternal Grandmother   | <input type="radio"/> |
| Maternal Aunt  | <input type="radio"/> |
| Paternal Grandmother   | <input type="radio"/> |
| Paternal Aunt  | <input type="radio"/> |
| <b>Ovarian Cancer at any age in your:</b>                                    |                       |
| Mother   | <input type="radio"/> |
| Sister   | <input type="radio"/> |
| Daughter   | <input type="radio"/> |
| Maternal Grandmother   | <input type="radio"/> |
| Maternal Aunt  | <input type="radio"/> |
| Paternal Grandmother   | <input type="radio"/> |
| Paternal Aunt  | <input type="radio"/> |

### How to assess your risk:

The U.S. Preventive Services Task Force (USPTF) recommends the Breast Cancer Genetics Referral Screening Tool (B-RST) to the left. This assessment can also be taken electronically at [www.breastcancergenescreen.org](http://www.breastcancergenescreen.org)\*

#### Instructions:

1. Please check off all circles that apply to you.
2. Remember to provide thorough answers.
3. Review your responses with your doctor. If you have checked off one or more circle, you may be at increased risk. You and your doctor will decide if you need further evaluation, and if testing is right for you.
4. Medical providers can call **866.GENE.INFO** for a genetic consultation and help with test selection. If you or your doctor would like for you to be evaluated by a genetic counselor, you can call us at **866.GENE.INFO** and we will get you in contact with a genetic counseling group that provides convenient telephone-based counseling sessions.

\*B-RST is a screening tool that helps identify people who may have a strong genetic (hereditary) risk for breast and ovarian cancer due to their family history. This screening tool is NOT designed to decide who should get genetic testing for Hereditary Breast/Ovarian Cancer Syndrome (BRCA genetic testing), but to identify who should be referred to genetic counseling to better understand their risks and options. The B-RST was tested in a large group of women, and found to have very good accuracy. However, as with most screening tools, it will not identify all women who might be at risk for Hereditary Breast/Ovarian Cancer Syndrome.